



Hundon Herald

March 2021

HUNDON EDUCATIONAL FOUNDATION.

The next meeting of the Trustees will be held in March 2021

Please apply now - applications received after 14 March will not be considered until next time.

GRANTS FOR EDUCATIONAL PURPOSES

If you need financial assistance to pay fees for educational courses (including music and sports), for educational outings, for books or fees for students at college or university, or for any other educational purpose, then you can apply for a grant.

Applications

Please apply by email and include your bank sort code, account number and the exact account name. Then any grant will be transferred directly into your bank and you will be informed by email. This will save us all handling cheques and is secure PROVIDED you are careful to give accurate sort codes, account numbers and the exact account name as it is difficult or impossible to recover monies sent to the wrong place.

To be considered for a grant, you must:

- Be under the age of 25 or making an application in respect of a person under 25.
- Reside within the Parish of Hundon.

Please apply by email giving the following information:

- Name and address of student.
- Age of student.
- Your sort code and account number and the exact account name.
- Details of your application.

Due to restricted funds the trustees cannot normally make grants for routine travelling expenses.

General Data Protection Regulations

Your details will be recorded on the Foundation's records for audit purposes but your bank details will be deleted from our records once any payment has been made. So, if you have made an application in the past you will need to supply your bank details again.

Emails should be sent to beaufordlodge@hotmail.com by 14 March 2021 and will be acknowledged and dealt with in the strictest confidence.

Letters, if essential, can be sent to Beauford Lodge, Mill Road, Hundon. CO10 8DG. Please phone the Administrator, Bernard Beer on 07899-922418 or 01440-786942 if you need any further information.

ALL SAINTS CHURCH

MARCH 2021 SERVICES

We are recommencing services in March and these will be the first taken by our new Rector, Revd Mark Woodrow. As it will not be possible to have a service in our church on Easter Sunday, our Easter Service will take place on Palm Sunday, 28 March at 4.00p.m.

We do hope you we will be able to join us in welcoming Mark to Hundon.

Sunday 14 March 9.00a.m. – Holy Communion

Sunday 28 March 4.00p.m. – Evening Prayer
Palm Sunday - This will be our Easter Service

**PLEASE REMEMBER TO WEAR YOUR MASK
AT CHURCH SERVICES.**



Please clean up after your dog

Dog fouling is unpleasant for everyone
and can spread disease

www.westsuffolk.gov.uk



OBITUARY FOR DESMOND BARRY NOTLEY 1927- 2021



(Des being presented with his Long Service Certificate by Chairman David Rowlinson at the Parish Council meeting on May 17th 2011 when he retired after almost 50 years of service)

Des Notley who for many years lived in Hundon, died recently, shortly after celebrating his 94th birthday. Born in Haverhill in 1927 he attended Haverhill Secondary Modern School before starting a 7-year apprenticeship at local engineering company Atterton & Ellis. Too young for military service he had joined the local Air Training Corps with ambitions to become a pilot but by the time he was old enough pilots weren't needed and so he joined the Army and served on HMS Dorsetshire which was repatriating POWs and where he was charged with the maintenance of iron lungs. On returning to "civvy street", after completing his apprenticeship he worked as a toolmaker at Whitlocks of Great Yeldham for 5 years before joining Sindalls of Cambridge. In 1963 he moved to Haverhill Meat Products becoming General Manager in charge of Engineering & Maintenance until his retirement.

With his engineering background Des developed a keen interest in motor bikes and at one time had a small collection including a BSA Gold Star, the iconic hand-built British classic, and with his mates would spend most weekends at the local "scrambles". One of Des' other passions was big band music and dancing and there would be up to 4 dances in Haverhill on a Saturday night with local bands attracting crowds from the town and surrounding villages. Apart from the Town Hall (now the Arts Centre) dances were also held at the Bigmore Hall in Swan lane, the Corn Exchange and nearby Rose & Crown. It was while enjoying what for many was the social highlight of the week that Des' prowess on the dance floor impressed Margaret, a young farmer's daughter from Hundon and the rest as they say is history. Married in 1953 they set up home in the village where their 2 daughters Denise and Jeannette were born, and Des became a devoted family man. His interest in aircraft continued and with Margaret was a founder-member of the Haverhill Aviation Society and both were involved with the memorial opposite the Rose & Crown which was erected to commemorate all servicemen and women as well as civilians who died within the parish boundary.

In his younger days Des had always been a fit, active man being a keen member of Haverhill Swimming Club and also enjoyed boxing, tennis and skating. In later life he contributed much to the community, running the Youth Club which at one time was based at the school, being involved with the football club and together with Margaret serving on the village hall committee. He was Chairman of the Hundon Educational Foundation for some time and there can be no doubt that his 49 years serving as a Parish Councillor clearly demonstrates his commitment to the community. A quiet modest man with a subtle sense of humour, at Parish Council meetings his many years' experience combined with his remarkable powers of recall proved invaluable in debate, and woe betide the Chairman who failed to observe correct procedure.

Des and Margaret left Hundon in 2013 moving to Wickhambrook where Denise lives and would be seen taking their daily constitutional around the village.

Born 16.01.1927, died 26.01.2021

Donations in memory of Des for St Nicholas Hospice Care may be sent c/o H. J. Paintin Ltd, 60 Withersfield Road, Haverhill, Suffolk, CB9 9HE.

HUNDON PARISH COUNCIL - Full Minutes will be available on the Hundon Parish Council Website

Hundon Parish Council met remotely on
Wednesday 17th February 2021.

Village Matters

The Pothole at the bottom of Buntry Lane and Steeplechase has now been repaired.

Any issues can be reported via the Suffolk County Council website under Report a Highway Issue. This can be used for both pavements and to report potholes. Alternatively, you can telephone 0345 606 6171.

The Parish Council will look at placing some additional benches around the village with the support of locality funding.

Discussions are ongoing for a barrier around the War Memorial ensure safety. Suggestions have been of railings and planting hedges. This will need to be investigated further to ensure any structure meets the necessary safety requirements.

The Parish Council remembered Desmond Notley, who has sadly passed. Des served on the Parish Council for more than 50 years and was instrumental in the Millennium Project which built the Astro/Sports facility.

Planning applications

These can be viewed via West Suffolk Council. A full list of applications received will be published on the Hundon Parish Council website.

DC/21/0176/TCA

The Manse North Street Hundon CO10 8EE

Trees in a conservation area notification - one Lime (L1 on plan) - crown lift to five metres over drive lane next door; one Lime - (L2 on plan) crown lift to five metres over shed lane next door; one Lime (L3 on plan) crown lift to five metres over shed lane next door and reduce height by up to five metres on three main stems

Update from Mary Evans, County Councillor

The Suffolk CoronaWatch Dashboard is available for up to date information at www.healthysuffolk.org.uk/jsna/coronawatch

The orchard community group have been supported with some locality grant.

Funding for laptops for Hundon Primary School and the County Council are working with the charity Creative Commuting and East Anglian Daily Times has set up a donation scheme to refurbish unused laptops to be distributed to schools.

Highways has had a slighter lower allocation from Department of Transport for the coming year than for this year. We are though doubling the budget for drainage and are planning to use the extra £1m of emergency post winter funding to fix potholes.

There is a vaccination centre and rapid testing centres in Haverhill.

There is a proposal to relocate the Recycling centre from its site in Chalkstone Way to Homefield Road in Haverhill. The pre planning consultation period will run from 15th to 28th February 2021.

More details about the proposals can be found on the Suffolk Recycling website: www.suffolkrecycling.org.uk
Feedback on the proposals should be submitted to waste.management@suffolk.gov.uk

Update from Karen Richardson and Marion Rushbrook, West Suffolk Council

West Suffolk Council (WSC) plan to increase Band D property by 3p a week (subject to final budget decision at the full council meeting on 23 February).

Community Chest investment

Community initiatives providing counselling, support, and improving the health and wellbeing of West Suffolk residents, are all to receive Community Chest funds.

Dog Fouling Campaign 2021

In order to raise awareness about this issue, promote responsible dog ownership and especially to encourage residents of affected communities to report offenders WSC have developed a campaign that will run from mid-February to the end of March.

Application Site Notice

You may have seen yellow site notices that appear at or close to a site where a planning application has been received. These have recently been given a make-over and now carry a QR code. This enables people with a smart phone to quickly access the details of the planning application via the online application file. The QR code contains the relevant link to the planning pages of the website. The notice itself has also been made clearer and more concise.

Tree advice

WSC have recently updated the advice they provide on their website regarding matters relating to the protection of trees including Tree Preservation Orders and trees within a Conservation Area.

<https://www.westsuffolk.gov.uk/planning/protected-trees.cfm>

Locality Budget

A reminder about the above as we are coming towards the end of the Council's financial year. All 3 of your district councillors receive funding to be spent across the Clare, Hundon and Kedington ward.

Next meeting of the Council will take place on 17th March 2021 via Zoom

*Parish Clerk, c/o Post Office, North Street,
Hundon, Sudbury, Suffolk, CO10 8EE
clerk.hundonpc@outlook.com*

HUNDON ALLOTMENTS TENANTS' ASSOCIATION – UPDATE FOR MARCH

Thanks to our volunteers who helped with mulching and ditch clearing during a wet and fairly miserable month! The Allotment field is sodden and not much physical work is possible at the moment, so HATA are concentrating on getting our organisational house in order before the new allotment season beginning in March.

We are in consultation with our allotment holders about a new tenancy agreement, to reflect HATA taking on the responsibility for the allotment management from the Rogeron Trust. We are also discussing fees for the coming year – we need to bring in more income from our allotments but the pricing must also be fair.

If anyone would like to discuss taking on an allotment, please contact Liz Hickee (07733 027979). We still have some full size allotment plots available, but we also have some smaller areas if you just want a few raised beds or a little garden for your children to grow pumpkins and sunflowers!

We have committed to taking on the sizeable field management costs from the Rogeron Trust within 3 years and we will do this partly by getting volunteers to take on some of the work required. We have started discussions with the contractors who have been doing the mowing and boundary work for the last few years to assess what might be possible and what funding we are still likely to require to pay contractors. We are hoping we can find volunteers to keep the orchard and the paths around the field mowed, but we hope to reduce the mowing frequency on the rest of the field. This will save costs and improve the value of the area for wildlife.

We will be doing some fund-raising activities in the coming year, as well as seeking external grant funding. One activity we will definitely be running is plant sales, so if you sow more seeds than you need, please don't throw them away! More on this next month.

If we do have some dry days, remember you're running out of time to prune your apple and pear trees and blackcurrant bushes, and cut down your autumn fruiting raspberries. And keep your eyes open for our little startling murmuration which has taken to flying over the allotment field as dusk draws in. Also, please be aware that some hedgehogs are starting to come out of hibernation. If you have local hedgehogs it would be great if you could put out some food for them (cat biscuits, not fishy).

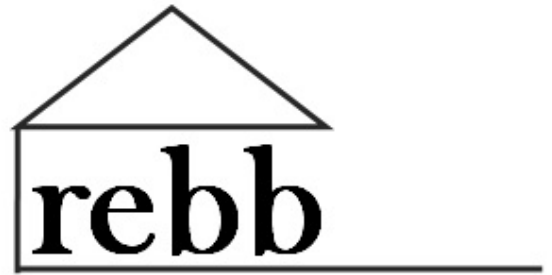
Fiona Gould on behalf of HATA

BE SAFE : BE SEEN

There are many more people walking round the village at the moment and I've been asked by a resident to remind people that you should walk on the right side of the road, facing oncoming traffic (where there is no pavement).

There is one exception: if you are on a sharp bend to the right, walk on the left until you are round it. This is because oncoming drivers will not be able to see you until they are nearly on top of you and may find it difficult to take evasive action.

Please also make sure that you can be seen—so many walkers/cyclists are in dark clothing.



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REMINDER

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The Ballet Shoe Workshop is based in Hundon, Suffolk and offers children of all ages, classes in Classical Ballet, Freestyle/Hip Hop/Street and Dance Exercise. The Principal, Alison Law has been a qualified teacher with the IDTA since 1991

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For further details please contact:

Alison Law, 07821 197 107
balletshoeworkshop@yahoo.co.uk



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For Sale, Wanted and other 'small ads' are free to Hundon residents.

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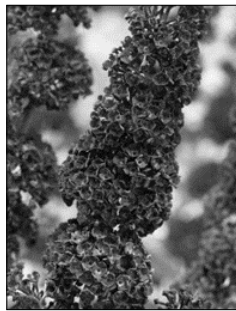
01440 842178 or 07979 620488

HGC Blog March 2021

Community Project – Planting the Village Hall Verge

At time of writing I can see signs of bulbs coming through but no flowers as yet. This month you may well see a few of us planting Cowslip and Primrose plug plants, so fingers crossed the verge will look very colourful this spring if not it will take another year for bulbs to mature as we were late in planting due to waiting for the War Memorial to be in place.

Gardening Tips:



For those who are not sure, March is the month to cut back: Buddleia shrubs. If they have got out of hand you can cut them back hard, they will re-sprout, even if not so many flowers this year. But if you want to control it, bite the bullet and cut back hard.



Salvia hardy perennials. I learnt this from Tom Hart-Dyke when he came to give us a talk in October 2019. The following March I cut my salvias down and they sprang back into life. Another plant to keep under control by a good cut back.



Clematis viticella types, a later flowering clematis, usually smaller flowering than the earlier blousy type. They flower on this year's growth. Cut them right back to a bud 1 ft (30 cm high for those using new money) and away they will romp.

Autumn Raspberries: If not cut back yet then now is the time to cut them right down to the ground.



Things are getting better!

Janet Burrows

HUNDON VILLAGE SHOP AND POST OFFICE

As I write we have just experienced the warmest and driest weekend in what seems like months and there was a real feelgood mood around the village. And with the milder weather and as people's thoughts start to turn to the garden your shop received its first delivery of plants for this year. They proved to be extremely popular with a third of the delivery sold on the first day of sale. Our supplier has said that the next delivery, along with more compost, will be in early March.

Apparently, there are emails in circulation that appear to be from the Post Office informing of a missed delivery and instruction to contact to arrange delivery. These are a scam and should be ignored and deleted. If you have a genuine missed delivery the Post Office will only leave a card in your letter box, they will never send you an email.

It is wonderful that the nation is now, slowly, coming out of lockdowns with restrictions, bit by bit, being relaxed. There is a tendency when this happens for us all to become a little more relaxed with the restrictions that are still in place. Please do remember when visiting the shop that it is two customers only in the shop/Post Office at anyone time and that we do still need to keep a distance of 2 metres apart, including when waiting to come into the shop.

By the time you read this the Easter weekend will be almost upon us. Easter opening hours are below.

EASTER OPENING HOURS SHOP

Good Friday April 2 nd -	8am – 1pm
Saturday April 3 rd -	8am – 1pm
Easter Sunday April 4 th -	10am-12pm
Easter Bank Holiday Monday -	8am – 1pm

EASTER OPENING HOURS POST OFFICE

Good Friday April 2 nd -	CLOSED
Saturday April 3 rd -	9am – 1pm
Easter Bank Holiday Monday -	CLOSED

*Stewart Alderman
Chairman – Hundon Village Shop Committee*

Yoga For Every Body

*A regular practice of yoga brings fluidity of movement,
improves strength and settles the mind.*

I have been running all my classes (usually based at the Village Hall) on Zoom through the 3 Lockdowns.

My students say that keeping up with their classes has given them so much in the way of structure to their week, maintaining their flexibility, managing anxiety and most importantly... connection. Seeing their friends and having a chat after the class, just feeling less isolated through that weekly meeting, has been invaluable to some.

Please do Email me or call for more details on the classes I offer:
Monday & Tuesday 9.30 -10.45am and Monday 7-8.15pm - Gentle Hatha Flow
Wednesday 7-8pm - Relax & Restore (free to Keyworkers & Home-Schooling carers)
Zoom Classes are £5

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For our safety I'm practicing in line with current infection prevention recommendations, and am of course fully qualified and insured.

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<http://hundon.onesuffolk.net/>

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THE RECTOR'S RAMBLINGS – MARCH 2021 – “BE KIND THIS LENT”

By the time you get to read your new Rector's Ramblings, we will be in that time in the church's year called Lent. Lent is a time set aside to encourage us to think and reflect on the reason why it was necessary for Jesus to make such a great sacrifice for us on that first Good Friday, which resulted in the magnificent victory we now celebrate at Easter.

In the Bible, Jesus spoke about being kind, about the importance of looking after our neighbours and one another. Everyone has basic needs, a concept that was articulated by the American psychologist Abraham Maslow in his famous “Hierarchy of Needs”¹ and without first achieving the basic needs, it is unlikely that an individual will ever be able to achieve their full potential. We recognise that we all need to eat and drink, we all need clothes to wear and someone to look after us when we are poorly. We also need friendship when we are feeling alone and forgiveness when we have done something wrong.

Sadly, there are still many people that struggle without what most of us would consider to be the most basic necessities of life, indeed during this past year when we have all had to adapt to the restrictions and demands a global pandemic has placed upon us, the most vulnerable both locally and around the world continue to be the ones who bear a disproportionately high burden both economically as well as in mortality. In the recently published Oxfam Report “*The Inequality Virus*”² they report that whilst the very rich have already recovered financially, and indeed some have significantly profited from the pandemic, the poorest of our brothers and sisters may take decades to recover if at all. For this reason, as Christians, we have a responsibility to “be kind”, to help people, to try to alleviate their suffering, to do precisely what Jesus commanded us to do!

Some of the ways Jesus³ suggested to be kind were:

- Giving a hungry person some food
- Giving a thirsty person a drink
- Giving someone who has few clothes something to wear
- Being a friend to someone who is alone, even if you don't know them yet
- Caring for someone who is poorly
- Visiting someone who is in prison

Why not take the time this Lent to watch the news or read the papers and see what needs there are close to home or perhaps around the world?

If you have children, Lent might be a good moment to talk to your child about how they would feel if they had that need, and then how they would feel if someone came along and helped them.

If school or nursery have resumed, why not ask your child about how their day went. If issues of kindness or unkindness come up, talk to your child about it. Can they

be kinder in any way to their friends or teachers? Is there anyone there who needs a friend? Ask your child what their nursery or school teaches about kindness.

Something as simple as watching your children play and explaining what kind or unkind behaviour is when it happens can help children learn the difference. You might try placing a reward sticker for each kind act in a small notebook, which shows your child how much kindness they can share in just a day, a week, a month and so on.

There are so many practical ways to be kind in everyday places, like where we go to work or school, but also by giving or raising money for causes that bring relief to suffering people. These are just a few examples:

- As a family, there may be relevant charities you'd like to support, practically or with donations. Food banks are always looking for donations, and many of our communities have collecting points, as do our shops and supermarkets.
- Local support groups for the elderly often have “telephone visiting” schemes for those who are housebound and alone (something that is even more important with the enforced isolation many are experiencing because of COVID). It's good for both children and the elderly to talk and do things together, even if that's just having a drink and a biscuit one afternoon, hopefully this is something which we can do again soon.
- If you want to look further afield, our own Diocese has been working with the Diocese of Kagera in Tanzania for more than 25 years, helping communities with education, training, and practical support, to help them lift themselves out of poverty.
(<https://www.cofesuffolk.org/exploring-faith/our-bishops/bishops-lent-appeal/>)
- And don't forget to say thank you for the kindness that many of us received from our own mothers (or indeed those who were like mothers to us!) especially as we approach Mothering Sunday on the 14th March.

If you pray with your child at bedtime, it may be a good time to remember kindness. Perhaps share with each other how you were kind to someone that day, or how someone else was kind to you, and thank God for that.

I wish you all a blessed Lent and a Joyful Easter when it arrives.

Revd Mark

¹ Maslow, A. H. (1943). A theory of human motivation. *Psychological Review*, 50(4), 370-96.

² <https://oxfam.box.com/s/m7lab231vgyee3hti2qigu8qvc6o9wd1>

³ Matthew 25:31-46



Yoga For Every Body

Coming Soon! Yin Yoga

I have recently completed my training to become a registered Yin Yoga Teacher and I will be offering Yin classes on Zoom soon...

To give you a brief idea of the concept of Yin Yoga, it is similar to the Restorative style where we use lots of props to make the postures accessible and comfortable, however Yin is not *just* about relaxing, there is an element of challenge. Yin Yoga is about reaching and stretching into the soft tissues, the deep ligaments and tendons within the joints. We hold the postures for longer and relax into the stretch, finding the place in between complete comfort and striving effort. It's a mindful and meditative practice which leaves you feeling relaxed and super stretched without feeling like you've been on a 10 mile hike the next day!

Please feel free to contact me if you're interested in learning more about the practice of Yin Yoga.

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DO YOU 'DO' FACEBOOK?

Hundon Village Group

A group for the residents and friends of Hundon in Suffolk to communicate and exchange news and ideas, and promote village events. **(Not for advertising except for The Rose & Crown and The Plough)**

PLEASE remember to answer the membership questions if you are asking to join the group.
<https://www.facebook.com/groups/HundonVillage>

Hundon Village Shop and Post Office
<https://www.facebook.com/Hundonvillageshopandpostoffice>

Hundon, Suffolk Buying & Selling Group
<https://www.facebook.com/groups/585742918475149/>

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23RD MARCH BY 12 NOON PLEASE

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Remember—you can submit articles for the Herald at any time in the month, you don't have to wait until the deadline. Items for inclusion can be emailed, typed or written.

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